

Week Three Menu

Served weeks commencing:



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Ham, Cheese & Tomato Pizza Diced Potatoes with herbs. Carrots Broccoli	Cottage Pie Cabbage Sweetcorn	Roast Chicken with Gravy Roast Potatoes Carrots Green Beans	Sausage & Tomato Pasta served with Warm Baguette Slice Swede Green Beans	Battered Cod Fillet Chips Peas Baked Bean Ketchup
VEGETARIAN	Cheese & Tomato Pizza Diced Potatoes with herbs. Carrots Broccoli	Vegetarian Mince Cottage Pie Cabbage Sweetcorn	Roast Quorn Fillet with Gravy Roast Potatoes Carrots Green Beans	Roasted Vegetable Frittata served with Warm Baguette Slice Swede Green Beans	Vegetable Nuggets Chips Peas Baked Bean Ketchup
JACKET POTATO / PASTA DISH	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce
SANDWICH	White Bap with your choice of Tuna Mayonnaise Cheddar Cheese Ham	White Sandwich with your choice of Egg Mayonnaise Cheddar Cheese Ham	White Bap with your choice of Tuna Mayonnaise Cheddar Cheese Ham	White Bap with your choice of Tuna Mayonnaise Cheddar Cheese Ham	White Baguette with your choice of Ham Cheddar Cheese Egg Mayonnaise
DESSERTS	Chocolate Sponge and custard	Oaty Cinamon Cookie	Banana Muffin	Chocolate and Orange Shortbread Biscuit with Apple Slices	Fruity Friday

AVAILABLE DAILY:

Choice of Wholemeal Bread, Fresh Salad Bar, Water, Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

